Volume 32 Issue 29

Thursday 17th September, 2026

Brentwood Park Primary School NEWSLETTER

brentwood.park.ps@education.vic.gov.au 9702 2022 www.brentwoodparkps.vic.edu.au

TERM DATES 2026 TERM 1 28TH JAN - 2ND APRIL TERM 2 20TH APR - 26TH JUNE
TERM 3 13TH JUL - 18TH SEP TERM 4 5TH OCT - 18TH DEC

DATES TO REMEMBER

18 SEP	FINAL DAY OF TERM THREE 2.30 FINISH
05 OCT	WELCOME BACK - TERM FOUR BEGINS!
12 OCT	PREP 2027 TRANSITION-SESSION ONE-11.15-12.15
13 OCT	CHINA EXCHANGE PROGRAM BEGINS
20 OCT	ZOO TO YOU INCURSION-YEAR ONE
26 OCT	PREP 2027 TRANSITION-SESSION TWO-11.15-12.15
26 OCT	CHINA EXCHANGE PROGRAM ENDS

JIM BELL, PRINCIPAL JO-ANNE DORAN, ASSISTANT PRINCIPAL JUDY ANDERSON AND JIM NARAYAN - ACTING ASSISTANT PRINCIPALS

Compass is Coming

As mentioned previously, next term, Brentwood Park Primary School will transition to ***Compass LSM.*** This will strengthen the way we communicate, plan, and monitor the individual learning needs of our students as it will provide parents and staff with a centralised space to record and review important information about student learning goals, adjustments, support strategies and progress. It will strengthen our collaborative approach with families regarding their child/children.

Compass LMS is a ***learning management system*** module embedded within Compass Education, a comprehensive school management software widely used by thousands of schools across Australia. The platform acts as a centralized source for schools, connecting administrative tasks with student learning.

Key Features of Compass LMS to be Utilised at B.P.P.S.

- ***For Parents:*** It provides a dedicated parent portal (via web or the mobile app) where they can monitor their child's academic progress, view live semester reports, track daily attendance, and easily communicate with teachers.
- ***For Teachers:*** It streamlines lesson planning by allowing teachers to organize learning materials, map out curriculum schedules, and log feedback or grades into standardized rubrics.
- ***System Integrations:*** While it has its own built-in tools, the system is designed to connect seamlessly with other major external learning management platforms and will eliminate the need to manually enter the data twice.

In essence, ***Compass LSM*** will become the platform we use for all communication and events. Families will receive an invitation email during the holidays on how to download the app and log in. We will go live on ***5th October 2026.***

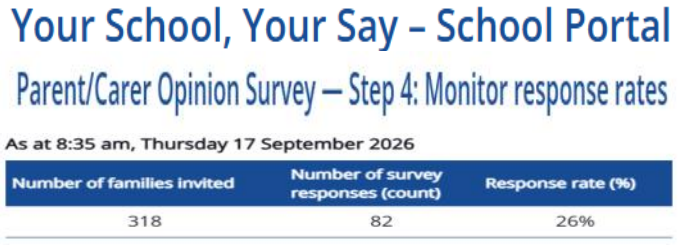
Parent Opinion Survey 2026

Our school is currently conducting the annual ***Parent / Carer Opinion Survey*** and is seeking your feedback. Parent opinions are important to us and will contribute to identifying areas for improvement and professional development needs in the school, to target school planning and improvement strategies.

The department will use the results from the survey for research purposes and to improve outcomes for students.

Thank you to those parents, who upon invitation, have competed the survey! Our response currently sits at 24%

The Parent / Carer Opinion Survey will remain open online until Friday 18 September 2026.

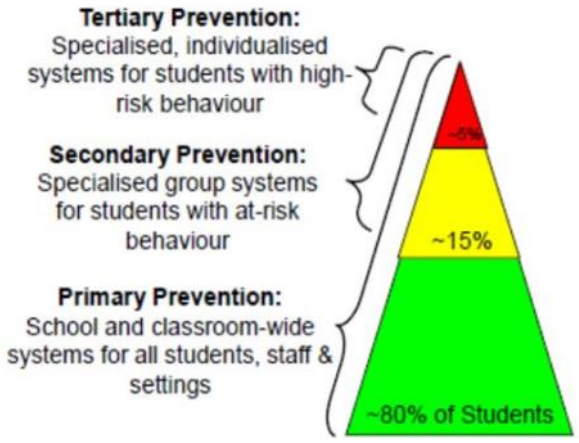


End of an Era

This edition of our newsletter will be the final newsletter composed on ***Microsoft Publisher***. ***Microsoft Publisher*** will reach its end of life and no longer be supported or included in ***Microsoft 365*** starting ***October 1, 2026.*** Microsoft 365 Users will no longer be able to open, edit, or access the ***Publisher*** app or ***.pub*** files through our subscription after ***October 1, 2026.***

We value our weekly newsletter publication and believe in its value of providing parents and families with ***insight*** into our school's daily operations and events! We are currently investigating alternative options to continue the high quality document we've been able to provide for the past thirty-one years!

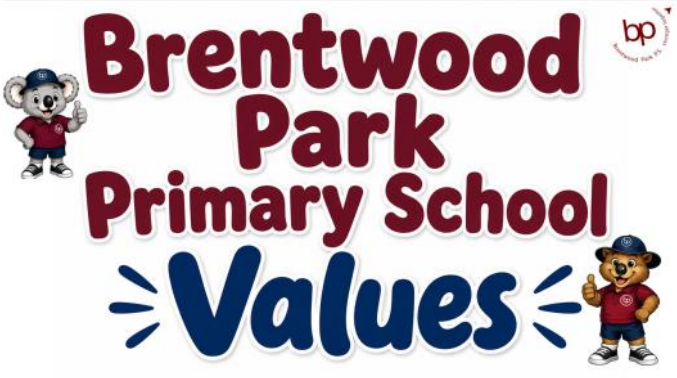
School Wide Positive Behaviours [SWPBS]
As informed previously, ***SWPBS*** is a tiered intervention framework which invests in prevention, identifies and provides targeted supports for individual students at risk for developing challenging behaviour, and provides individualised and intensive interventions for students with significant support needs.



A significant component of ***Primary Prevention [Tier 1]*** is the establishment and adherence of a school's values. Based on the staff and students' survey data, and in preparation for the ***SWPBS matrix,*** the refined school values for Brentwood Park Primary School are:

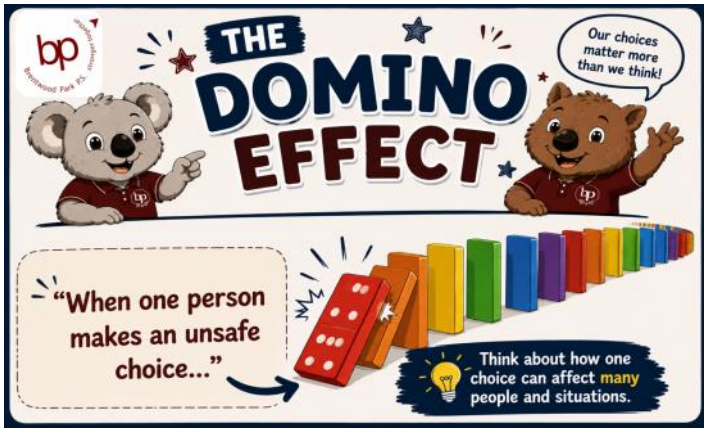
- ***RESPECT*** – *we show kindness and care for ourselves, others and the environment*
- ***RESPONSIBILITY*** – *we do the right thing and take ownership of our actions*
- ***COOPERATION*** – *we work together to achieve a common goal*
- ***PERSISTENCE*** – *we strive to achieve our personal best*
- ***SAFETY*** – *we make choices that keep ourselves and others safe*

These values will be elaborated upon through teacher directed activities in the classroom and in reference to specific contexts within the school.



At last week's assembly, our fifth value ***SAFETY*** was introduced. This value was the last to be introduced as it strongly relates well to the earlier values of ***RESPECT*** and ***RESPONSIBILITY*** .

School Wide Positive Behaviours [SWBPS]
Students were able to give clear examples in relation to their understanding. If we show ***respectful*** and ***responsible*** behaviour, then we are automatically adhering to the value of ***SAFETY.***



For example, dismounting and walking bicycles from the gate to the bike enclosure and from the bike enclosure to the gate is ***respectful*** and ***responsible*** behaviour promoting ***SAFETY*** given the number of parents, toddlers, grandparents and students in the school grounds before and after school.

Support Services for Children and Families

Sometimes children, young people and families need a little extra support. The following free and confidential services are available to provide information, counselling, and assistance.

Kids Helpline

1800 55 1800

Ages 5–25

Free, confidential counselling for children and young people aged 5–25. Available 24 hours a day, 7 days a week by phone and online. Young people can contact Kids Helpline about worries at home or school, friendships, bullying, mental health or anything else that is concerning them.

The Orange Door

1800 271 170

Free support for families who may need help with the wellbeing and development of children, as well as people experiencing family violence or concerned about someone else. No referral is required. The Pakenham Orange Door is located at 48 John Street, Pakenham. Cranbourne office is 23 High Street, Cranbourne.

Safe Steps

1800 015 188

24/7 support for anyone experiencing family violence, or concerned about someone else. Safe Steps provides confidential support, information and referrals to help you stay safe.

1800RESPECT

1800 737 732

National sexual assault, domestic and family violence counselling service. Available 24/7 for anyone impacted by, or concerned about, sexual assault, domestic or family violence.

Rainbow Door

LGBTIQA+ support for Victorians

Rainbow Door provides free and confidential support, information and referral for LGBTIQA+ people, their families and allies.

1800 729 367
Monday – Friday, 10am – 5pm

www.rainbowdoor.org.au

Men's Referral Service

SUPPORTING MEN TO BE THEIR BEST

1300 766 491

Free and confidential support for men who are experiencing family and relationship difficulties. Provides phone and online counselling, information and referrals across Australia, 24/7.

Lifeline

13 11 14

24/7

24/7 crisis support for anyone experiencing emotional distress, feeling overwhelmed or needing someone to talk to. Text support is also available on **0477 13 11 14**.

Beyond Blue

1300 22 4636

Mental health support for people experiencing anxiety, depression or other mental health concerns, as well as support for family members and friends.

MensLine Australia

1300 78 99 78

Free 24/7 professional counselling for men experiencing concerns relating to mental health, relationships, parenting, anger, family violence, stress or wellbeing.

13YARN

OUR STORY MATTERS

13 YARN is a free and confidential support service for Aboriginal and Torres Strait Islander peoples, providing a safe space to yarn about what's going on.

You are not alone.

13 92 76
Available 24/7

www.13yarn.org.au
Webchat available

If someone is in immediate danger, call 000

Brentwood Park Primary School
Stronger Together

Digital Learning in Primary Schools from 2027

Starting in 2027, Victorian primary schools (Years F–6) will no longer allow families to bring or buy personal student devices, introducing strict daily screen time caps to refocus classrooms on traditional learning.

Victoria's 2027 Digital Device Rules

- **Primary Schools (Years F–6):** Parents will not be asked to purchase or supply devices. Schools must provide them if needed.
- **Screen Time Limits:** Screen use will be minimal for Prep to Year 2, and capped at a maximum of 90 minutes per day for Years 3 to 6.

Schools must support students in learning to use digital tools and devices for a wide range of purposes. They must teach students how to use these tools:

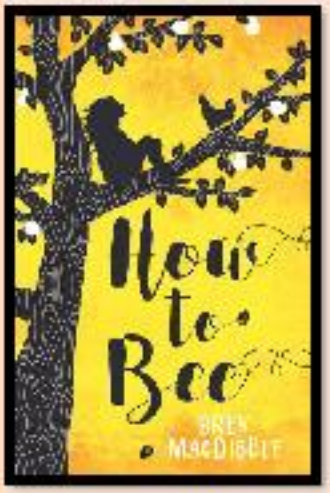
- safely
- ethically
- in alignment with the curriculum.

Student use of digital devices and tools can undermine learning if it diverts student attention or reduces productive learning effort. It can do this by focusing on engagement features over the thinking and practice that is necessary for learning. This is why students should only use devices for identified and limited learning purposes.

The school will use digital devices and tools when carefully planned within a whole-school teaching and learning program. Across the school, technology use should be teacher-led and not be the default mode of instruction.

As a school we can allow students who have been using BYO devices prior to 2027 to continue using their devices until they need to be replaced. This means year 5 and 6 students will be able to use their devices next year, but the use will be limited to the department's regulations. Students entering year 4 next year are unable to bring their devices to school and if the use of technology is required for the curriculum, one will be provided.

There will be more information at a later date.



How To Bee

This term, Year 6 students have been studying the novel *How to Bee* as part of their Text Studies lessons. As part of their assessment, students were required to write a news report focusing on the bee crisis and its impact on the environment.

Students drew on information, ideas and themes explored throughout the novel, as well as their reading and writing skills, to develop an informative and engaging news report.

* BEE IS A BEE, SO LET IT BE *

Local team claims

BEES ARE ENDANGERED

* SAVE THE BEES!! *

STINGING VIOLATIONS:
BEE POPULATIONS START DIMINISHING
CAUSING HUGE CATOSTROPHE'S

Global Food Security At Risk

How are they facing these catastrophes?

To complete the text study
the author Bren Macdibble is coming to school to talk about the book and writing and take questions

OUR STRIPY FRIENDS FACE EXTINCTION

VOL 18, NO 190 * PATRICKISTHEGREATEST.COM * 03 FEBURARY 2087

BREAKING NEWS

SAVE BEES

Published by: Oscar 21/7/2055

BREAKING NEWS

Bees Nearing Extinction

The crisis

Their Roles and the fatal setbacks

How to Help

.

The reports highlight the learning and skills developed throughout the Text Studies unit through the creation of a news report. Students demonstrated their understanding of the text by incorporating relevant information, varied sentence structures and sophisticated vocabulary throughout their writing. The use of ambitious language, including words and phrases such as *catastrophe*, *"yet faith is still available to our buzzing friends"* and *"expeditiously expanding"*, demonstrates the breadth of learning covered through the study of the text. These examples reflect students' ability to engage with the themes and language of *How to Bee* while applying their developing writing skills in an authentic context.

SPORTS SHORTS

WEEK 10, TERM 3 2026 | DYLAN & KIRSTY

Kambrya Visitors

GIRLS & DARRABI

bp Brentwood Park P.S. Inquiries Together x KAMBRYA COLLEGE

"I liked when they visited us."

In August we had some special visitors...

Year 9 GIRLS Program

On Monday afternoons, our students got to learn and play different games created by some Kambrya girls. The 2LM and 2SY classes alternated in their participation each week in August. It was a great experience to be able to follow instructions delivered by different leaders, as well as showing our school values despite the excitement.

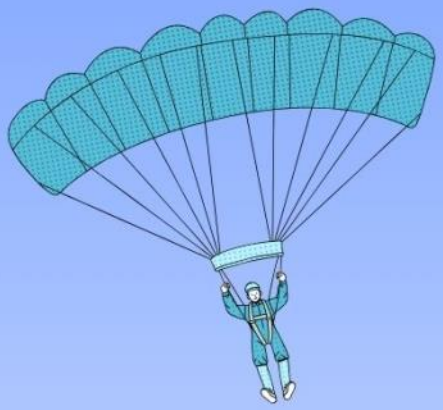
Year 9 DARRABI Program

Kambrya's DARRABI program were also given the opportunity throughout the term to teach P.E. to our students. This initiative saw Year 9 students plan for and implement 5 lessons for 2LD on Thursday afternoons, where our students participated in a variety of engaging activities. It was pleasing to see the way 2LD embraced the Year 9 students, and the respect, responsibility and cooperation they demonstrated throughout the course of the program.

"They were really nice and fun to be around."

"I liked the different games they made."

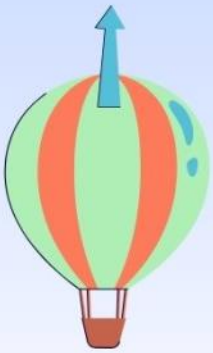
"It was more fun when they joined in to play with us."



SCIENCE WITH 4SA

In Year 4, we have been investigating different forces, including contact and non-contact forces. The students have conducted several experiments to observe the effects these forces have on objects, including magnetism, gravity and friction.

This week, the students in 4SA built parachutes to determine how surface area affects air resistance and increases drop time. They made three different parachutes and tested each one three times to determine which created the most air resistance. We then conducted a class competition to determine the most effective parachute.



The winning design!

YEAR ONE

Responsible Pet Ownership

INCURSION

Learning to Be Safe Around Dogs

Last week, our Grade One students enjoyed a Responsible Pet Ownership Incursion with pet educator Berry and their lovely dog, Polly. Through fun role-play activities, students learned to recognise the body language of happy, scared and angry dogs and how to respond safely. It was an engaging experience that taught students how to keep both themselves and dogs safe.

Thursday, 10th September

Interacting with dogs

During the session, students also learned how to politely ask an owner for permission before patting their dog. Using a fun chant with actions, they practised the steps before trying them out with Polly. Students were highly engaged and excited to interact with her! Throughout the session, they also explored the responsibilities of being a pet owner and learned how to care for dogs with kindness, respect and responsibility.

Breakfast Club – Where Great Days Begin!

Before the first bell rings, something pretty special is happening at Brentwood Park. The playground is filled with the smell of breakfast, the sound of laughter and the buzz of students catching up with friends. Breakfast Club has become a favourite morning tradition, a place where full tummies and happy hearts help create a wonderful start to the day.

Tuesday's Sizzle is the Talk of the Playground!

If you happen to arrive at school on a Tuesday morning, you'll probably notice the delicious smell before you see us! Our famous sausage sizzle brings students together from across the school for a tasty breakfast and plenty of smiles before class begins. A huge thank you to the amazing families who continue to donate sausages.

Thursday = Toasties, Hot Chocolate and Cosy Conversations

There's something comforting about wrapping your hands around a warm hot chocolate on a spring Thursday morning. Add a freshly toasted sandwich and good company, and you have the perfect recipe for a great start to the school day!

Along with the specialities, we always have toast and a variety of cereal. Breakfast Club isn't just about what's on the menu, it's about creating moments of connection, belonging and community. Thank you to everyone who helps make these mornings so special for our students.

Can You Help?

Our Breakfast Club relies on the generosity of our school community to add a little bit extra variety from the cereal and toast that Food Bank already donate. Can you donate?

Sausages /Vegan Sausages Tomato or Barbeque Sauce Margarine Cheese Slices

Thank you for helping us make mornings at Brentwood Park a little warmer, brighter and tastier!

A very special thank you to the Katugaha/ Wijahappura Dewayale family, El Yassouri/ Zhu family, Menon/ Murali/ Ravikumar/ Rohith family, Manamperi/ Galhenage Perera family and to the family that are 'Just Right', we just 'Swiss Missed' you for their generous donations.

Any donations can be directed to Mel at Breakfast Club on a Tuesday or Thursday morning.

S.R.C news

Our SRC would like to remind you that you and your family can also take your recycling and zap our BPPS code to make a donation.

Turn waste into WONDER...

what new products these containers will be made into?
how much healthier our environment is now?
how much money can we fundraise by the end of term?

So far, the SRC has collected 2205 eligible containers and raised $220.50

PLEASE DROP OFF YOUR RECYCLABLES BEFORE SCHOOL EACH DAY
& SRC REPS WILL COUNT THEM 😊

We will be collecting and counting eligible containers every morning until the end of term
Which class will win zooper-doopers for the most containers donated??? Is it yours???

GREEN KIDS CAN CHANGE THE WORLD!

STAR OF THE WEEK

Term 3

Week ending 11th September, 26

0MB	Kian	for his amazing talk during Show and Tell this week! He confidently explained the bottle recycling system to the whole class. Fantastic work, Kian!
0EP	Thihal	for trying your best in the classroom and showing neat handwriting in your writing tasks. Well done!
0LP	Ethan	for working hard to learn your Oxford Words in your homework books. Well done!
0RC	Amir	for trying your best with your learning.
0TL	Siddhu	for your beautiful handwriting in phonics.
1AU	Ervin	for making improvement with his writing.
1CM	Sanayah	you did an amazing job during the Responsible Pet Ownership incursion. You were engaged and contributed your ideas. Keep shining!
1NG	Valentina	you completed the dictation activity in our Phonics Plus lesson, remembering to use a capital letter and question mark for the end of the sentence. Well done!
1KM	Senuli	excellent writing this term.
1SL	Deon	for contributing your great ideas in class discussions and reflecting thoughtfully on the topic of family and culture. Keep up your amazing effort!
2SM	Ady	great participation in class this week.
2SY	Maive	for writing an excellent letter.
2LD	Rushna	for always giving your best effort in every task. Your persistence, focus and eagerness to learn have allowed you to make outstanding progress across all areas.
2LM	Gurisha	for showing persistence when completing her fractions activities this week. Keep up the wonderful work!
2AL	Arshia	for showing an impressive understanding of fractions!
2CH	Imran	for your great effort in writing a thoughtful letter to a special staff member at BPPS. Your kind words and care really made your letter special.
2JL	Serhan	for your wonderful efforts writing your letter to your pen pal. Keep being curious!
3AM	Arjun	for using rhetorical questions and high modality words in his persuasive writing about ocean pollution.
3BC	Volisha	for your growing confidence in class discussions. It has been wonderful to hear your fantastic ideas.
3JR	Rayaansh	for always trying your best to complete your work and showing a wonderful attitude towards learning. You should be very proud of the progress you are making!
3GA	George	for completing a whole reading journal! Keep focusing on your reading, George. Well done!
3AJ	Nimar	for showing a positive attitude to learning.
4SA	4SA	for having such a successful first school camp! You all showed persistence and respect and gave everything a go!
4MS	Anshitha	for improving the presentation of your handwriting. Well done.
4NH	Roohi	for showing courage and persistence at camp and at school by always giving challenging situations your best effort to overcome them.
4TC	4TC	for all students who went on camp and participated well in all activities with respect and resilience.
4VK	Faith	for applying herself diligently in creating her chair prototype in science. Well done!
	Kevin	for applying himself diligently in all his work and being a respectful student.
4CR	Radha	you have been a wonderful role model at camp! You showed such a positive attitude and were always willing to support and encourage others. Well done!
5CW	Jazryn	for showing all school values in every lesson and trying your best in all areas of learning. Amazing work!

STARS OF THE WEEK

Term 3

Week ending 11th September, 26

5NR	Ben	for your consistent focus and strong effort in your learning. You are achieving excellent progress! Keep it up!
5RH	Mila	for showing incredible resilience and determination throughout the term.
5MT	5MT	for showing improvement in your financial maths this term! You have put in a lot of effort during maths! Well done!
5BM	Harshvin	for returning to school with a fantastic attitude and showing enthusiasm and determination. You have embraced every challenge and worked especially hard in maths. What a great way to come back!
	Sebastian	for making the most of your time at school and showing great thinking in maths and history. Your enthusiasm for sharing your ideas, especially in history has been wonderful to see!
5KW	Hannah	for working hard during class time to improve the quality of her written pieces.
6EK	Anna	for showing exceptional resilience and maturity when faced with challenges, while continuing to uphold school duties you have committed to.
6MB	Ben	for demonstrating the school value of responsibility with completing your work and completing the extra volleyball practice.
6ED	Dhanujan	for displaying outstanding teamwork, kindness and maturity within our classroom this week. You have gone out of your way to ensure all class members felt included. Keep it up!
6KR	Tasmitha	for demonstrating all of our school values in your classwork and your everyday learning.
6LM	Arushi	for putting in 100% effort in all she does. Well done!
6SM	Sally	for writing a fantastic recipe for a wonderful friendship. Well done, Sally!
6LS	Agam	for confidently using clear questions to seek clarification when solving maths problems.

SPECIALISTS

PE—DYLAN		
	3GA	for your fantastic skills and excellent efforts during golf this week.
PE-JIM		
	3JR	for the class showing great enthusiasm and skill when playing some pitching shots in golf with Paul.
PA-SARAH		
	1NG	for exploring mime acting by using creative facial expression, gestures and body movements to communicate ideas and emotions without words.
ART-JESS		
	1CM	for showing great concentration while following the step by step instructions to start your Yayoi Kusama drawings.
ART-BREE		
	6MB/6KR	for your wonderful focus and effort to complete your paintings and begin creating wire sculptures.
CHINESE-DAISY		
	5NR	for your amazing job signing your Chinese names on your fan!
CHINESE-CHUN YAN		
	4SA/4MS	for being respectful and hard-working in practising -(moon-related)- Hanzi in the word search. You are all super stars.
DT-LISA		
	4SA	for your skill development in using Excel to create pixel art. Congratulations!
PA-KENNETH		
	6SM	for a focused lesson on recording using 'garageband' in our Audio Book and then editing tracks to adjust character voices.
MEDIA-DAISY		
	5RH	for your amazing job continuing on your coding tutorials.
LIBRARY-ANNETTE/JO/VERONICA		
	2AL	for borrowing so patiently and getting all your books right. Thank you for showing beautiful manners too..
	6SM	for using your manners and respecting the library rules. Well done!

Mini Fete

BRENTWOOD PARK PRIMARY SCHOOL

Games

Raffles

Food

Trash & Treasure

& more!

Thursday 5 November

Sausage Sizzle

FAMILY & FRIENDS WELCOME!

Foundation
9:15am – 10:15am
Year 1 & 2
9:30am – 10:30am
Year 3 & 4
11:10am – 12:30p

Suggested spending money:
*$10 - $20
*COINS ONLY

Providing real-life learning of financial mathematics skills for our year 5 & 6 students who plan, design, and create budgets, and manage their stalls.

Splash's
learn to swim

SCHOOL HOLIDAY ACCELERATE PROGRAM

Book now!

Sept. 21st- 24th

BOOK NOW

It is a well researched fact that short burst of intensive learning accelerates motor skill development

Dandenong
137 Stud Rd, 3175
(03) 9792 5461

Berwick
60 Kangan Dr, 3806
(03) 9707 5922

Clyde North
Unit 5/121 Grices Rd, 3978
03) 7009 4030

Plenty Valley
855 Plenty Rd, 3752
(03) 7009 2199

Pakenham
4/114 Princes Hwy, 3810
(03) 9701 3225

PMI

PRIMARY
MUSIC
INSTITUTE

Music Lessons

Music tuition at your school!

Piano

Drums

Guitar

Singing ... and more!

- No sign-up fee
- Experienced and dedicated teachers
- Parent Portal
- Performace opportunities
- Private or shared lessons available
- Comprehensive method books designed for young beginners
- Lessons conducted during school times or after school
- Financial hardship assistance available - we believe everyone deserves the chance to learn music

SIGN UP HERE

Check our website to see what instruments are offered at your school!

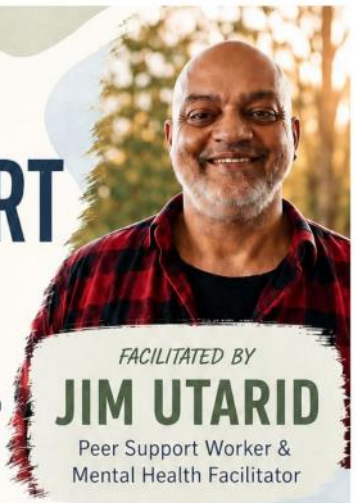
admin@primarymusicinstitute.com.au

www.primarymusicinstitute.com.au

BROTHERHOOD OF MEN 23

JUMP START

A safe space for fathers and men.



A relaxed support space for fathers and men to talk, connect, and build practical tools for wellbeing.

FACILITATED BY

JIM UTARID

Peer Support Worker & Mental Health Facilitator

WHEN	PROGRAM	WHO IT'S FOR
THURSDAY NIGHTS	AUGUST – DECEMBER 2026	FATHERS, MEN, SONS, BROTHERS AND MATES
7:00PM - 9:00PM	5 MONTHLY SESSIONS	ALL WELCOME

JIM'S CREDENTIALS & EXPERIENCE

- Post Graduate Diploma in Psychology
- Bachelor of Social Science (Psychology & Sociology)
- 10+ years facilitating mental health support groups (OCD, Depression, BPD)
- Trauma Informed Care, Motivational Interviewing, Crisis Intervention & more
- Works with multicultural communities including Aboriginal, Afghan, African, Indian, and Australians

Extensive experience in peer support, outreach, group facilitation and one-on-one support.

CURRENT ROLE

Jim currently works in the Adolescent Intensive Management (AIM) Team at The Austin, Heidelberg, providing outreach and 1:1 support to youth aged 12–25.

FREE TO JOIN!
No cost. Just show up.
Let's support each other and grow together.

LIMITED SEATS!
ONLY 10 SPOTS AVAILABLE
First in, first served.
Secure your spot today.

BOOKINGS / ENQUIRIES
https://www.trybooking.com/DOTEE

BROTHERHOOD.
SUPPORT. GROWTH. PURPOSE.

THE MEETUP

A GATHERING OF MEN, FATHERS, SONS, BROTHERS AND MATES.

7PM FRIDAY FORTNIGHT START	HALLAM RESERVATION RECREATION HALL	118-126 FRAWLEY RD, HALLAM	TEA, COFFEE & LIGHT REFRESHMENTS PROVIDED

REAL CONVERSATIONS. STRONGER CONNECTIONS. BROTHERHOOD.

JOIN THE BROTHERHOOD

COME ALONG TO THE NEXT MEETUP

SCAN THE QR CODE FOR UPCOMING MEETINGS & UPDATES

SCAN TO JOIN THE MEETUP!

EASY. QUICK. SECURE.

SUPPORTED BY THE CITY OF CASEY

CLYDE NORTH DAD SQUAD

AFL FUN DAY FOR DADS & KIDS

FREE activity for dads, grandfathers, father figures and their children!

FREE EVENT

Sunday 20 September 2026
10:00am – 12:00pm
Orana Park Playground
1 Fresco Place, Clyde North

Supported by City of Casey · VICTORIA State Government

FOOTBALL STAR ACADEMY

SPRING HOLIDAY CAMP

Boys & Girls Ages 5–12

Indoor Facility Perfect for Spring Holidays

BEGINNER FRIENDLY	QUALIFIED COACHES	FUN & SUPPORTIVE
Perfect for all skill levels. Learn, play and grow.	Experienced & passionate coaches who care.	A safe, positive environment where kids thrive.

LOCATION	DATES	TIMES
BEACONHILLS COLLEGE BERWICK CAMPUS	MONDAY 28TH SEPTEMBER – FRIDAY 2ND OCTOBER	9AM – 1PM

SCAN TO BOOK

LIMITED SPACES - BOOK NOW!

0435 890 295 · www.sportstaracademy.com · 92 Kangan Dr, Berwick VIC 3806

Circle of Security Parenting™ (City of Casey)

An 8-session program designed for parents of children aged 4 months to 6 years.

Ever puzzled by your child's behaviour or unsure how to respond to their needs? Imagine understanding what your child is truly asking for - and knowing exactly how to respond.

Grounded in decades of research, the *Circle of Security Parenting™* program helps you build a stronger, more secure relationship with your child.

What You'll Learn:

Read emotional cues:
Interpret and respond effectively to your child's emotional cues.

Boost self-esteem:
Build your child's confidence and sense of security.

Build emotional resilience:
Give your child tools to manage big feelings.

Trust your instincts:
Tap into your natural wisdom and confidence as a parent.

Please note: *This program is in partnership with the City of Casey and designed for parents/carers living in the City of Casey only. Please note children cannot attend the sessions, however* ***FREE CHILDCARE*** *is available for your convenience.*

COST
Free
(Registration essential)

DATES
Mondays (8 sessions)
Oct 19, 26 | Nov 2, 9, 16, 23, 30 | Dec 7

TIME
10:00 am – 12:00 pm

VENUE
Bunjil Place Library
2 Patrick Northeast Dr
Narre Warren VIC

REGISTER HERE
https://bit.ly/3UUwiBE

ENQUIRIES
(03) 9704 8377
groupwork.south@vt.uniting.org

Bringing Up Great Kids (Narre Warren)

Bringing Up Great Kids (BUGK) **is a free 6-week program designed to help parents and carers of children aged 2–12 build stronger, more meaningful relationships with their kids.**

Discover mindful parenting tools to better understand your child's needs, manage everyday challenges, and strengthen family bonds.

What You'll Learn:

Understand your child's world:
Gain insights into brain development and what drives child behaviour.

Improve communication:
Learn mindful, calm ways to connect and respond to your child.

Refine your parenting style:
Reflect on what shapes your parenting and overcome daily challenges.

Prioritise self-care:
Build strategies to support your own wellbeing alongside your family's.

Please note: *Open to parents/carers (50%+ custody) in Casey, Cardinia, and Greater Dandenong. To keep this a dedicated space for parents to connect and focus on themselves, children are unable to attend.*

COST
Free
(Registration essential)

DATES
Wednesdays (6 sessions)
Oct 21, 28 | Nov 4, 11, 18, 25

TIME
10:00 am – 12:30 pm

VENUE
Uniting Narre Warren
55 Webb Street,
Narre Warren VIC

REGISTER HERE
https://bit.ly/4qRWDZR

ENQUIRIES
(03) 9704 8377
groupwork.south@vt.uniting.org

Parenting and Mental Health (Pakenham)

A 7-session program for parents and carers who are managing their own mental health challenges while raising children aged 0–18 years.

This group promotes respectful, caring, and nurturing family relationships while supporting parents who are experiencing mental health difficulties.

Facilitated in partnership with Monash Health *(Families where a Parent has a Mental Illness)* and a Consumer Consultant, this program offers a safe, non-judgmental space to learn, share, and grow.

What You'll Learn:

Understand child development:
Discover how brain development influences your child's thoughts, feelings, and behaviours.

Prioritise self-care:
Explore realistic ways to boost your own mental well-being and resilience.

Manage challenging behaviour:
Gain practical tools and strategies to stay calm during tough moments.

Build new skills:
Develop practical parenting strategies in a supportive, peer-led environment.

The Victorian FaPMI Program
Families where a Parent has a Mental Illness

Please note: *Open to parents/carers (50%+ custody) in Casey, Cardinia, and Greater Dandenong. To keep this a dedicated space for parents to connect and focus on themselves, children are unable to attend.*

COST
Free (Registration essential)

DATES
Thursdays (7 sessions)
Oct 22, 29 | Nov 5, 12, 19, 26
Dec 3

TIME
10:00 am – 12:30 pm

VENUE
Outlook Community Centre
24 Toomuc Valley Road,
Pakenham VIC

REGISTER HERE
Scan QR Code
https://tinyurl.com/2bz5xdj8

ENQUIRIES
(03) 9704 8377
groupwork.south@vt.uniting.org

Tuning in to Teens™ (Endeavour Hills)

This engaging 6-session program is designed for parents and carers of adolescents aged 10 to 18 years.

Based on an easy-to-follow, 5-step emotion coaching approach, *Tuning in to Teens™* empowers families to build stronger relationships and support their teen's emotional well-being. Join us and make a lasting impact on your family!

What you'll learn:

Understand emotional intelligence:
Learn how to nurture your teen's emotional growth and awareness.

Build problem-solving skills:
Equip your teen with tools to manage emotions, resolve issues, and handle challenges.

Coach through big feelings:
Gain confidence in helping your teen navigate intense emotions.

Handle conflict constructively:
Teach your teen healthy ways to manage conflict and build lasting resilience.

Please note: *Open to parents/carers (50%+ custody) in Casey, Cardinia, and Greater Dandenong. To keep this a dedicated space for parents to connect and focus on themselves, children are unable to attend.*

COST
Free (Registration essential)

DATES
Mondays (6 sessions)
Oct 12, 19, 26 | Nov 2, 9, 16

TIME
10:00 am – 12:30 pm

VENUE
Chalcot Lodge Family & Community Centre
26 Haverstock Hill Close
Endeavour Hills VIC

REGISTER HERE
https://bit.ly/4vlPnLA

ENQUIRIES
(03) 9704 8377
groupwork.south@vt.uniting.org