

## **POLICY: EXTREME HEAT**

### **PURPOSE:**

To ensure the comfort and well being of every student and staff member during days of extreme heat.

For the purpose of this policy, extreme heat will be determined by the principal on the day.

### **AIMS:**

- To minimise the effects of heat and dehydration on staff and students
- To prevent heat related illness
- To provide an appropriate program in consideration of the conditions

### **IMPLEMENTATION:**

- All learning areas have air-conditioning
- Physical Education and classroom programs should be modified to minimise physical exertion
- All students will be encouraged to have bottles of water available and to rehydrate at regular intervals. Integration or students with special needs should be monitored to ensure that they remain hydrated
- Teachers should remind students to remove excess clothing
- The SunSmart program promotes students to wear sunprotective clothing, sunglasses, a hat (from 1<sup>st</sup> September to 1st May) and sunscreen for outdoor activities when UV radiation is at level three or higher. Sunscreen and sunglasses will be items placed on the uniform list
- During recess and lunch time, students will be encouraged to limit physical activity and will be advised to play in shaded areas. On days of extreme heat, at the principal's discretion, students may be excluded from outdoor play and a 'Hot Weather Timetable' will be implemented in classrooms
- Staff to be aware of signs of heat-related illness and if mild, remove student from heat and initiate cooling, if more severe seek immediate medical assistance
- First-Aid procedures will be undertaken for students suffering from heat stress or heat related illnesses. Parents will be contacted and encouraged to collect their child from school

### **REVIEW:**

This policy will be reviewed as necessary.

**APPROVED BY SCHOOL COUNCIL: 7/8/2018**