

BRENTWOOD PARK PRIMARY

CANTEEN MENU

OPEN MONDAY, WEDNESDAY AND FRIDAY ORDERING IS ON-LINE ONLY, NO MANUAL ORDERING IS AVAILABLE

| HEARTY HOT FOOD | | |
|---|--------|---------------|
| Twister Bolognese 97% fat free | \$4.50 | 000 |
| Macaroni Cheese 97% fat free | \$4.50 | 000 |
| Dim Sims Steamed | \$1.00 | 000 |
| Hot Noodles Chicken or Beef | \$3.00 | © © |
| Chicken crumbed tender | \$2.10 | © © GF |
| Hot Dog | \$3.60 | 00 |
| Beef Cheese Burger, Lettuce and Sauce | \$5.00 | 000 |
| Chicken and Cheese Burger, Lettuce & Mayo | \$5.00 | 000 |
| Gluten Free Hot Dog (no roll) | \$3.00 | ©@ G F |
| Chicken Breast Nugget - Bag of 3 | \$3.30 | 00 |
| Chicken Breast Nugget - Bag of 6 | \$5.50 | 00 |
| Corn Cobbett | \$1.00 | 000 |
| 100% Vegetable Pastie | \$4.50 | ©© V |
| Good Eating Beef Pie | \$4.50 | 00 |
| Good Eating Sausage Roll | \$4.00 | 00 |
| Good Eating Snack Party Pie | \$1.00 | 00 |

All pies heart foundation approved, low GI, reduced fat

| \$3.40 | 000 V |
|--------|-------|
| \$3.00 | 000 V |
| \$3.00 | ©©© V |
| \$4.00 | 000 |
| - | |

Online ordering is available through QKR Download the app through the App Store or Google Play



| SPECIAL SNACKS | | |
|--|--------|----------------|
| Cobs popcorn, Sea Salt or Slightly Sweet | \$1.60 | © © GF |
| Red Rock Chips Honey/Soy | \$1.60 | 00 |
| Chips Sea Salt | \$1.60 | ©@ G F |
| Home Style Cookies | \$2.20 | 00 |
| Gingerbread | \$1.60 | 00 |
| Ovalteenies | \$1.20 | 00 |
| Homemade Mini Muffin | \$1.00 | © © |
| Veggie Cup with Dip | \$2.00 | ©© ©G F |
| Mamee Noodle Snacks BBQ | \$1.00 | 00 |
| Mamee Rice Sticks Chicken | \$1.00 | ©@ G F |

| 000 | Every Day Foods |
|------------|------------------------|
| © © | Select Carefully foods |
| V | Denotes Vegetarian |
| GF | Denotes Gluten Free. |



| SUPER SANDWICHES AND SALADS | | | |
|---|----------------|------------------|--|
| Sandwich | | | |
| | | | |
| Vegemite | \$2.10 | 000 V | |
| Cheese | \$2.30 | 000 V | |
| Ham (97% fat free) | \$3.00 | 8 | |
| Ham (97% fat free) and Salad | \$4.00 | 8 | |
| Ham & Cheese | \$3.50 | 00 | |
| Tuna & Salad | \$4.00 | 000 | |
| Roast Chicken | \$3.50 | 888 | |
| Roast Chicken & Salad | \$4.50 | 000 | |
| Fresh Salad (lettuce,cucumber,tomato,carrot) | \$3.50 | 999 V | |
| Egg & Lettuce | \$2.80 | 000 v | |
| Rolls or Wraps extra | \$0.60 | | |
| ***All sandwiches on wholemeal bread*** Wholegrain/White bread available on request | | | |
| FRESH MADE SALAD BOXES | | | |
| Mixed Salad (lettuce,cucumber,tomato,cheese,carrot) | \$4.50 Regular | © © © G F | |
| Add beetroot | \$0.50 | | |
| Add egg | \$0.50 | | |
| Add Tuna, chicken or ham | \$1.00 | | |

| | EXTRAS | |
|--------------------|--------|----|
| Salad Dressing Tub | \$0.50 | ©© |
| Tomato Sauce | \$0.30 | 88 |
| LUNCH BAGS | \$0.20 | |

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

| DRINKS | | |
|--|--------|------------------------|
| 600ml Water | \$2.00 | ⊕⊕⊕ G F |
| 250ml Milk (Low Fat) | \$2.70 | ⊕ ⊕⊕ G F |
| Chocolate, Strawberry 100% Fruit Juice 250ml | \$2.70 | ©©©GF |
| Orange or Apple | | |
| Aqua Fruits Flavoured Springwater | \$2.70 | ©©GF |
| Cola, Blue Heaven, Apple Raspberry or Lemonade | | |

| FROZEN TREATS | | | |
|--|--------|----------------|--|
| Frozen 100% Juice Tubes | \$1.00 | ©©© G F | |
| Frozen Skim Milk Tubes (Choc or Blue) | \$1.70 | ©©©GF | |
| Frozen Pineapple, Watermelon or Orange Slice | \$0.60 | ©©©GF | |
| Frozen Yoghurt Tubs Strawberry | \$2.30 | ©©©GF | |
| Streets Choc Shake Cup | \$2.30 | ©© | |
| Streets Paddle Pop | \$2.00 | ©© | |

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

TURN OVER FOR OUR SPECIAL MEAL DAYS

EVERYDAY SPECIAL LUNCH PACK

Salad Sandwich Slice of Fruit Mini Muffin Water

000 \$5.50