

## **POLICY: SUNSMART POLICY**



### **PURPOSE**

Our SunSmart Policy has been developed to encourage children attending Brentwood Park P.S. to protect themselves from skin damage caused by the ultra-violet rays of the sun. This policy is to be implemented year round, with particular emphasis between 1<sup>st</sup> September and 1<sup>st</sup> May. In teaching our students about their skin and how to protect it, we aim to develop independent sun protection skills to help them to be responsible for their own protection.

### **AIMS**

The purpose of this policy is to encourage behaviours that reflect a healthy UV exposure balance, ensuring some sun exposure for vitamin D while minimising the risk of skin cancer. Our SunSmart policy is aimed at:

- children and staff wearing hats that protect the face, neck and ears whenever they are outside. e.g. recess, lunch, physical education lessons, excursions and camps between 1<sup>st</sup> September and 1<sup>st</sup> May.
- encouraging parents and the school community to act as role models by practising Sun Smart behaviours.
- working with parents/guardians to encourage them to provide SPF 30+ broad spectrum water resistant sunscreen for children to use when outdoors.
- scheduling outdoor activities before 11am and after 3pm, in shaded areas where possible, between 1<sup>st</sup> September and 1<sup>st</sup> May.
- working towards increasing the number of shelters and trees so as to provide adequate shade in the school grounds.
- educating children of the health risks through the curriculum.

### **IMPLEMENTATION**

- All children will wear an approved uniform broad-brimmed hat whenever they are outside. This will be mandatory from 1<sup>st</sup> September to 1<sup>st</sup> May.
- Children are expected to wear school uniform, except on free dress days, however children must still wear sun smart appropriate clothing.
- Children who do not have a hat during the required period will be restricted to indoors.
- Teachers will address the issue of skin cancer through curriculum programs, such as 'Life Education Van' and 'Learning and Growing Together', at the beginning of each year.
- All staff must wear hats when outdoors, while on yard duty or when conducting sport or physical education classes. Staff members are to act as suitable role models between 1<sup>st</sup> September and 1<sup>st</sup> May.
- The Buildings and Grounds Committee will continually make provision for adequate tree shade and other shaded areas.
- Parents will be encouraged to provide children with sunscreen, which must be independently applied.
- Sunglasses will be encouraged to be worn.
- Sunscreen and sunglasses will be items placed on the Uniform list.

**REVIEW**

Policy will be reviewed in 2022.

**Approved by School Council 7/8/2018**